

**Other Programs Available include...**

*Tiny Tot Teams for Boys and Girls*

*Trampoline/Tumbling Teams*

*Advanced Girls and Boys*

*Kid Fit*

*Special Education*

*Karate for kids and adults*

*Tai Chi for adults*

*Pre-Joga and Joga Teams*

*Pre-Teams and USAG Teams for Boys and Girls*

*Cheerleading Teams*

*Adult Fitness Tues & Thurs 7:30-8:30*



Boys- Shorts/ Sweats and T-Shirt

Girls- Leotard or Shorts & T-Shirt

\*No Shoes or Socks in Gymnastics Class!!!

Tumble and Cheer- Shorts, T-Shirt, Cheer Sneakers

# ACE Gymnastics Summer Class Schedule



*This Summer, ACE is doing a ten (10) week program with flexible options so you can still go on that vacation or take that little break without losing all your skills. We've broken it down into 3 (bronze), 6 (silver), or 10 (gold) week blocks and we are keeping most of the classes we've had throughout the year. And of course you will still be able to do make-ups if that little unexpected 'thing' pops up. Mix and match weeks so you don't miss out on this golden opportunity!!!*

## Ace Gymnastics

3601 Sunset Ave.

Ocean, NJ 07712

732-918-2400 Fax 732-918-8083

Web: [acegymnasticsnj.com](http://acegymnasticsnj.com)

E-mail: [acegym@verizon.net](mailto:acegym@verizon.net)

## ACE Schedule 6/28/10-9/3/10

**Parent/Child (45 min)**  
(18 mos.-2 1/2yrs)

Mon 10:30  
**1 Hour classes**

Thurs 10:30

Mon 4:00

**Preschool**

Thurs 10:30 4:00

Tues 4:00 Sat 9:30 10:30

**5-6 years old**

### Girls

Mon 4:00  
Tues 4:00  
Wed 5:00 6:00  
Thurs 4:00  
Sat 9:30

### Boys

Mon 4:00  
Tues 4:00  
Thurs 4:00  
Sat 9:30

**7-8 years old**

Mon 4:00  
Wed 5:00 6:00  
Thurs 4:00

Tues 4:00  
Thurs 4:00

**9 years and up**

Mon 4:00  
Wed 6:00  
Thurs 4:00  
Sat 10:30

Tues 4:00  
Thurs 4:00

**Advanced**

*2 Hours*  
Wed 5-7  
Fri 5-7

*1 1/2 Hours*  
Wed 5-6:30  
Thurs 5-6:30

**Special Education**

Mon 4:15

Wed 4:00 Sat 8:30

**Tumbling**

**Regular**

Mon 5-6:30 6:30  
Tues 6:00, 7:00  
Wed 6:00  
Thurs 4:00, 5:00, 6:00  
Sat 9:30 10:30

**Advanced**

Mon 5-6:30 6:30  
Tues 2:00 6:00 7:00  
Wed 6:00  
Thurs 2:30 6:00  
Sat 9:30 10:30

**Adult Fit: Thurs 8:00pm**

**OPEN A CLASS ANY DAY/ TIME  
WITH 3 OR MORE STUDENTS!!!**

*\*Open Workout Every Friday 5:00-7:00 pm*



# Class Descriptions

**Parent/ Child:** This is a “Hands On”, introductory class for both parents and toddlers. Help your child learn basic skills, use of gymnastics equipment and safety under the close supervision and direction of a qualified coach. Ideal for starting out.

**Preschool:** Basic gymnastic skills and safety is paramount to developing a well rounded gymnast and that’s the goal of this class. Well that, and FUN!!

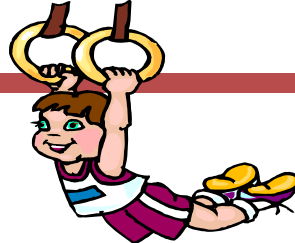
**Boys and Girls Recreation:** A Great way to learn gymnastic skills in all Olympic events including trampoline. Ideal for all athletes looking for an edge.

**Special Education:** One of the few programs in the area, we have over 15 years experience working with our special athletes . So whether you want to just get a little exercise or compete in the Special Olympics, we have the class.

**Tumbling:** A class that includes Floor, Tumble Trac, and Trampoline, this class is designed for gymnasts/ cheerleaders wishing to develop tumbling skills.

**Adult Fit:** Fun, Fitness class for Adults which includes cardio, strength, agility and coordination exercises in conjunction with Gymnastics.

**Trampoline:** This class focuses on Trampoline safety and skills. Now an Olympic event, Ace is proud to offer classes with a high level former National Champion Trampolinist. Ages 5 and up.



**Pricing:** If you have already attended ACE throughout this past school year, your Insurance/ Registration fee (I/R) is paid (or it should be). This fee is paid for once a year and is renewed every September. The rate is prorated during the year and right now its \$55 per student or \$90 per family. Ask about our family discounts.

### **\*Gold Medal Rates for 10 weeks**

#### **Class length**

45min    1 Hr    1 1/2 Hr    2 Hr

\$175    \$180    \$265    \$290

### **Silver Medal Rates for 6 Weeks**

#### **Class length**

45min    1 Hr    1 1/2 Hr    2 Hr

\$105    \$110    \$165    \$180

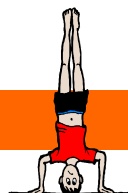
### **Bronze Medal Rates for 3 Weeks**

#### **Class length**

45min    1 Hr    1 1/2 Hr    2 Hr

\$55    \$60    \$85    \$95

**\*Sign up for the 10 Week rate and come to ANY CLASS at ANY TIME during the week, as many times as you would like. You only have to call the day before to let us know so we have a safe student/ teacher ratio. See **RULES** for details!!!**



## **Rules and Policies**

1. **Tuition must be paid in Full by the first class of each session.** A \$25.00 Late Fee will be added to outstanding accounts after 15 days. All balances 90 days overdue will be sent to an outside collection agency and you will be responsible for all added collection costs including attorney fees, court costs, and interest fees.

2. Only ONE make-up per month will be allowed for absences. Please schedule your child’s make-up class thru the front office prior to the class day that you wish to make-up. **NO CREDIT OR REFUNDS WILL BE GIVEN FOR ANY ABSENCES!**

3. Make-ups must be taken within the session in which the class was missed or the make-up will be forfeited. Make ups do not carry over to the next session.

4. There are NO make-ups for Team Members OR students who come five or more hours per week.

5. It is the responsibility of the customer to see that make-ups are scheduled and attended.

**HAVE A FUN, FIT, AND FANTASTIC SUMMER!!!**



*T Shirts Must be tucked in/ Proper attire required*

*Long Hair Must be tied back*

*No Jewelry or Gum Allowed*

*We Reserve the Right to Refuse Anyone*

